



**MARTIN ARMY COMMUNITY HOSPITAL
DEPARTMENT OF RADIOLOGY**



Mammography Instruction Sheet

Appointment Date/Time: _____

Who to call if you have questions or need to reschedule: 762-408-2079 / 2080

Special Instructions for your procedure:

- 1. If you are pregnant or think that it is possible that you are pregnant, please notify the receptionist, technologist or radiologist prior to the examination.**
- 2. Mammograms should not be performed if you have delivered a child in the past six (6) months, are currently breast feeding or have breast fed within the past six (6) months.**
3. Plan to arrive 10 minutes prior to your scheduled appointment. Patients more than 15 minutes late for their appointment may be subject to being rescheduled. When you arrive report directly to the Mammography Reception Desk. You will be called by the mammography technologist at your appointment time.
4. If you have had a previous mammogram performed at a facility other than Martin Army Community Hospital, bring the previous films with you at the time of your appointment. If you do not have these films, complete a "Request for Release of Mammograms" and turn it in to our Mammography Reception Area as soon as possible. We will then attempt to obtain these films, ideally prior to your scheduled appointment. Previous films will be compared by the radiologist to images taken at this appointment.
5. **Do Not** use any underarm deodorant or powder on chest area prior to your examination. The aluminum in such products will show up as tiny spots on the x-ray images and may interfere with correct interpretation of the films.
6. For this examination, you will need to undress from the waist up, therefore, please wear a two-piece outfit. You will be given a cape (half-gown) to wear during the exam.
7. The mammographer is not certified to give official medical judgments about your examination. An official interpretation of your examination will be dictated by a radiologist, and the results forwarded to the doctor who referred you for the study.
- 8. Patients' children under the age of 12 must be accompanied by an adult, cannot be left alone in the hallways or waiting room, and cannot go into the Mammography room with their parent due to the use of radiation. Arrangements for care of the children should be made in advance of your appointment. Child care centers on post have some drop-in slots available on a daily basis, however, you must make arrangements for child care in advance with those centers.**

Patients with implants:

While there are generally no long lasting effects from mammography, women with breast implants should be aware that on very rare occasions, it has been reported that the breast implant can break and/or leak as a result of breast compression during mammography.