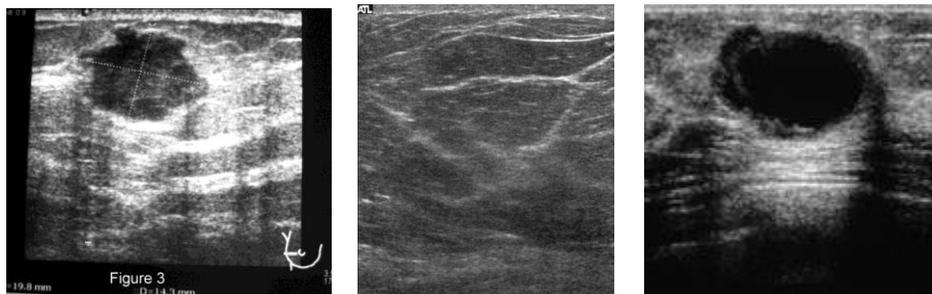


**MARTIN ARMY COMMUNITY HOSPITAL  
DEPARTMENT OF RADIOLOGY**

**Breast Ultrasound Instruction Sheet**



Appointment Date/Time: \_\_\_\_\_

Where to call if you have questions or need to reschedule: 762-408-2079 / 2080

Special Instructions for your procedure:

1. Plan to arrive 10 minutes prior to your scheduled appointment. Patients more than 15 minutes late for their Appointment may be subject to being rescheduled. When you arrive report directly to the Reception Desk in the Mammography Department / Center for Breast Health on the first floor of Martin Army Community Hospital.
2. Please wear a two-piece outfit that you can remove the top easily. You will be draped with a sheet to decrease the amount of exposure during your exam.
3. Breast ultrasound is a fast and relatively painless procedure, performed by transforming high frequency sound waves into images that are displayed on a video monitor. A trained technologist spreads clear gel on the area of the breast being examined. Next, the technologist presses a transducer (hand-held device about the size of a bar of soap) against the patient's skin, moving it along the area being examined. The transducer is connected to the monitor. As the technologist moves the device, images are captured on the video screen, where they can then be interpreted by a radiologist.
4. Dependent minors (children) who are scheduled for ultrasound examinations must be accompanied by a parent or legal guardian. **Children will NOT be allowed in the exam room during your exam. Do not leave children in the hallways or waiting room unsupervised. Any child under age 12 MUST be supervised by an adult. Arrangements for care of the children should be made in advance of your appointment.**
5. The Ultrasound Technologist is not certified to render official medical judgments about your examination. An official interpretation of your examination will be dictated by a Radiologist, and the results forwarded to the doctor who referred you for the study.