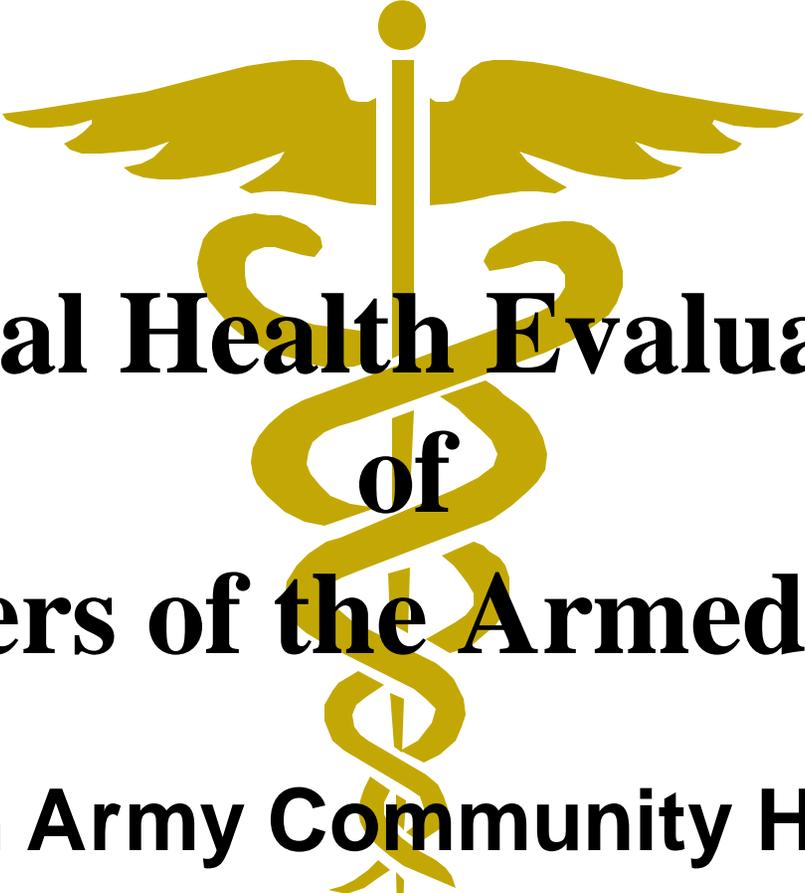


DoD Directive 6490.1



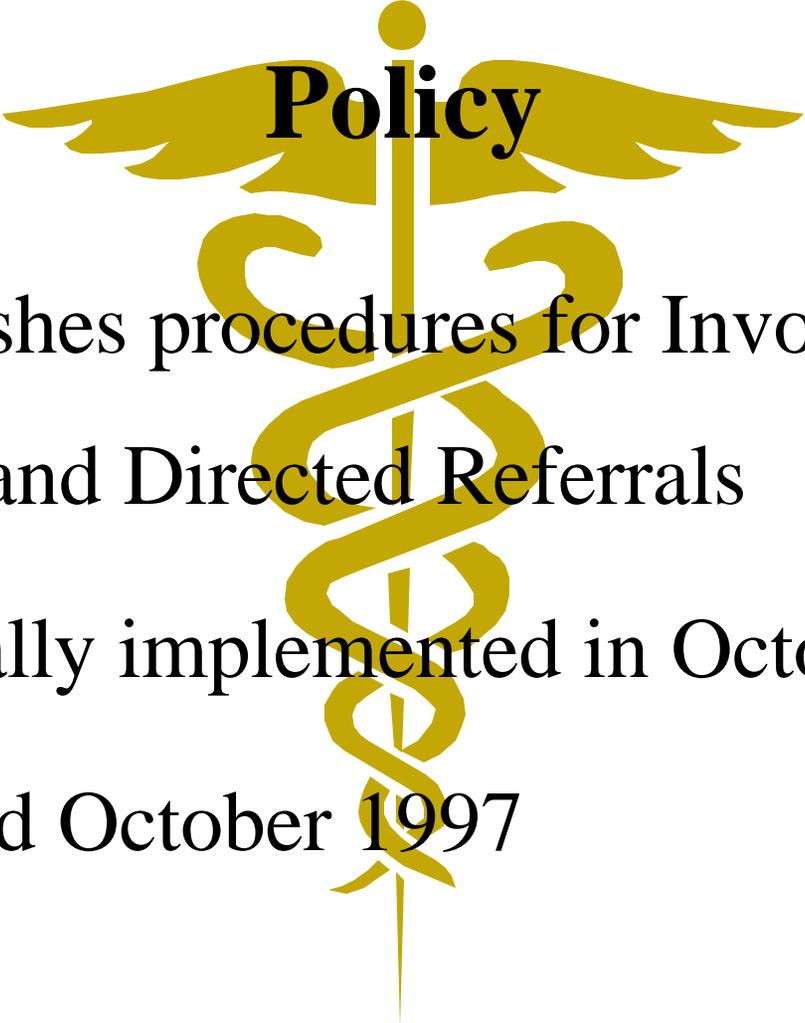
Mental Health Evaluations of Members of the Armed Forces

**Martin Army Community Hospital
Community Mental Health Service**

(Thanks to MAJ Simon Pincus for this presentation)

DoD Directive 6490.1

Policy



- ✍ Establishes procedures for Involuntary Command Directed Referrals
- ✍ Originally implemented in October 1993
- ✍ Updated October 1997

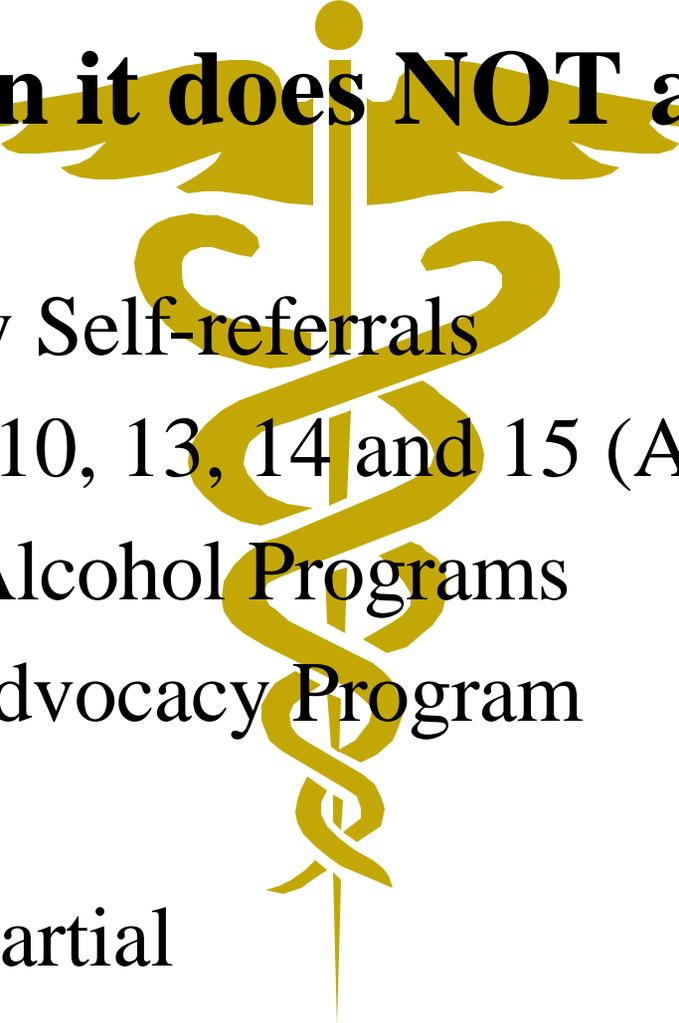
DoD Directive 6490.1

When it applies

- ✍ Routine mental status
- ✍ Marked behavioral changes
- ✍ Interpersonal Conflicts
- ✍ Risk to self or others
- ✍ Involuntary hospitalization

DoD Directive 6490.1

When it does NOT apply

- 
- ✎ Voluntary Self-referrals
 - ✎ Chapters 10, 13, 14 and 15 (AR 635-200)
 - ✎ Drug or Alcohol Programs
 - ✎ Family Advocacy Program
 - ✎ Schools
 - ✎ Courts-Martial
 - ✎ Referral from other medical providers

DoD Directive 6490.1

Types of Referrals

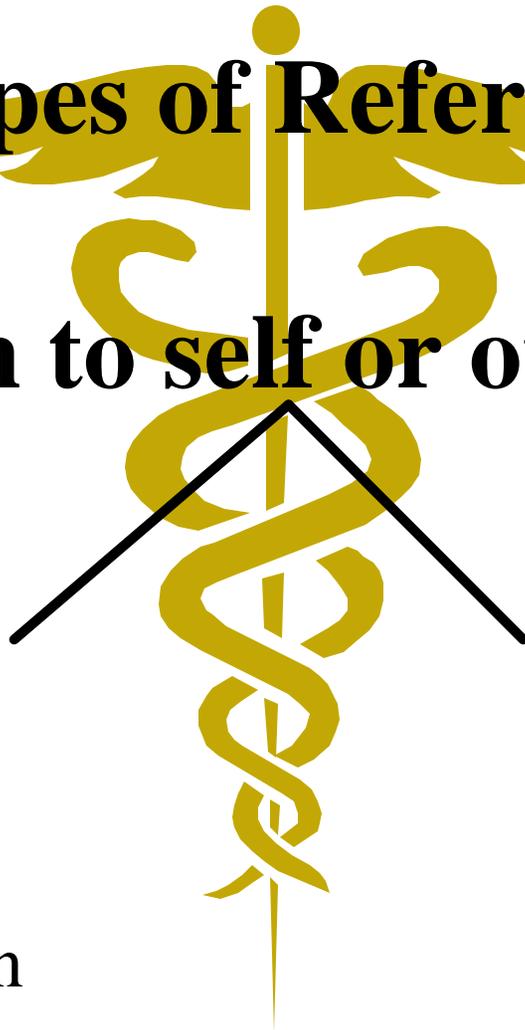
Harm to self or others?

No

Routine
Evaluation

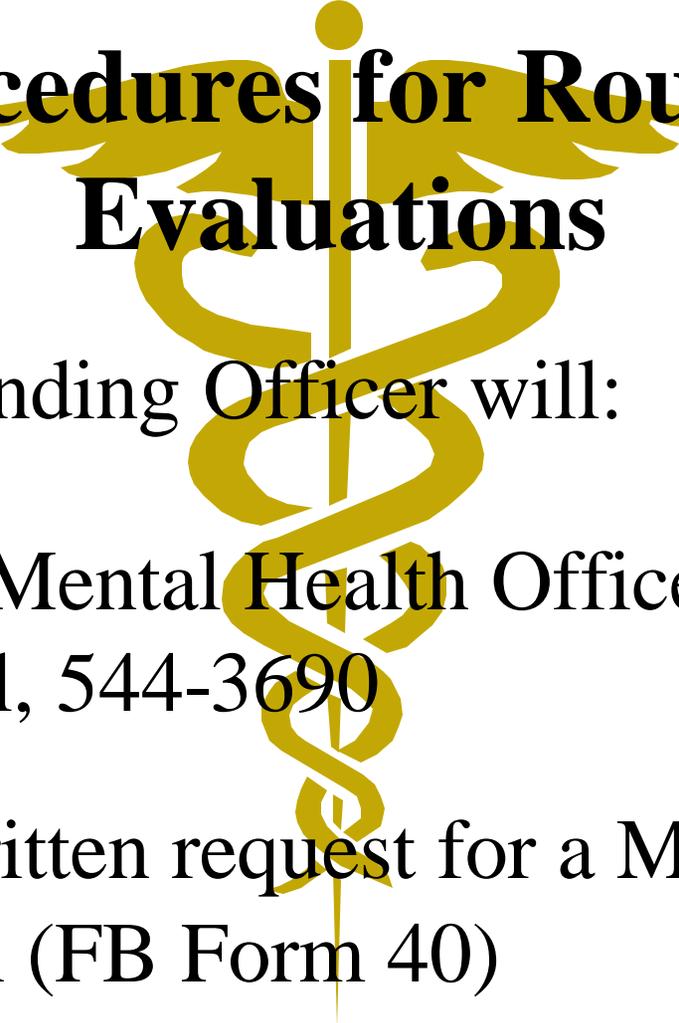
Yes

Emergency
Evaluation



DoD Directive 6490.1

Procedures for Routine Evaluations



The Commanding Officer will:

- ✍ Contact a Mental Health Officer to discuss the referral, 544-3690
- ✍ Make a written request for a Mental Health Evaluation (FB Form 40)

DoD Directive 6490.1

Routine Procedures

(continued)

The Commanding Officer must:

- ✎ Notify the Service Member of the evaluation at least two (2) business days in advance
- ✎ Inform the Service Member, in writing, of his or her rights to include the right to contact IG, JAG, Chaplain

DoD Directive 6490.1

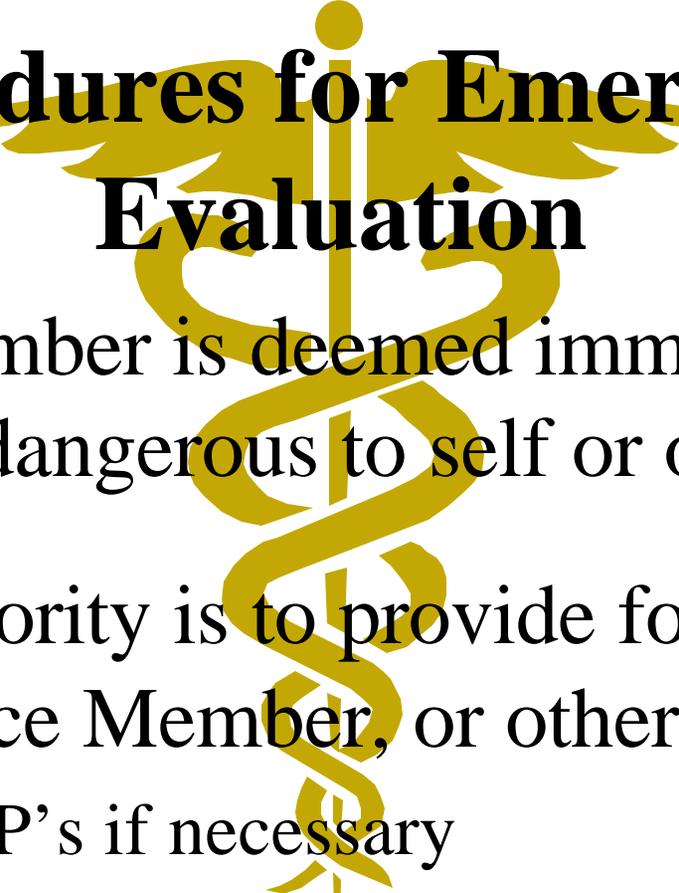
Routine Procedures

(continued)

- ✍ A unit escort accompanies Service Member to the appointment with copies of the written request for evaluation
- ✍ All actions taken by the Commanding Officer must be documented

DoD Directive 6490.1

Procedures for Emergency Evaluation

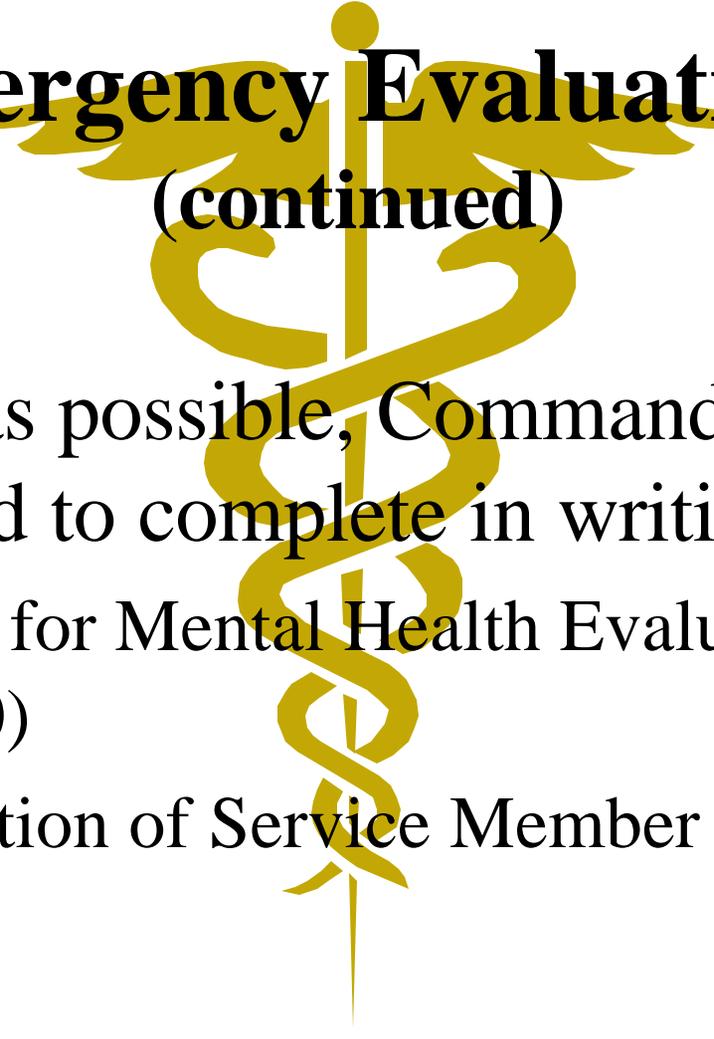


- ✍ Service Member is deemed imminently or potentially dangerous to self or others
- ✍ The first priority is to provide for the safety of the Service Member, or others at risk
 - Call the MP's if necessary
 - Call Mental Health Services (Duty Hours)
 - Transport to the Emergency Room (After Hours)

DoD Directive 6490.1

Emergency Evaluations

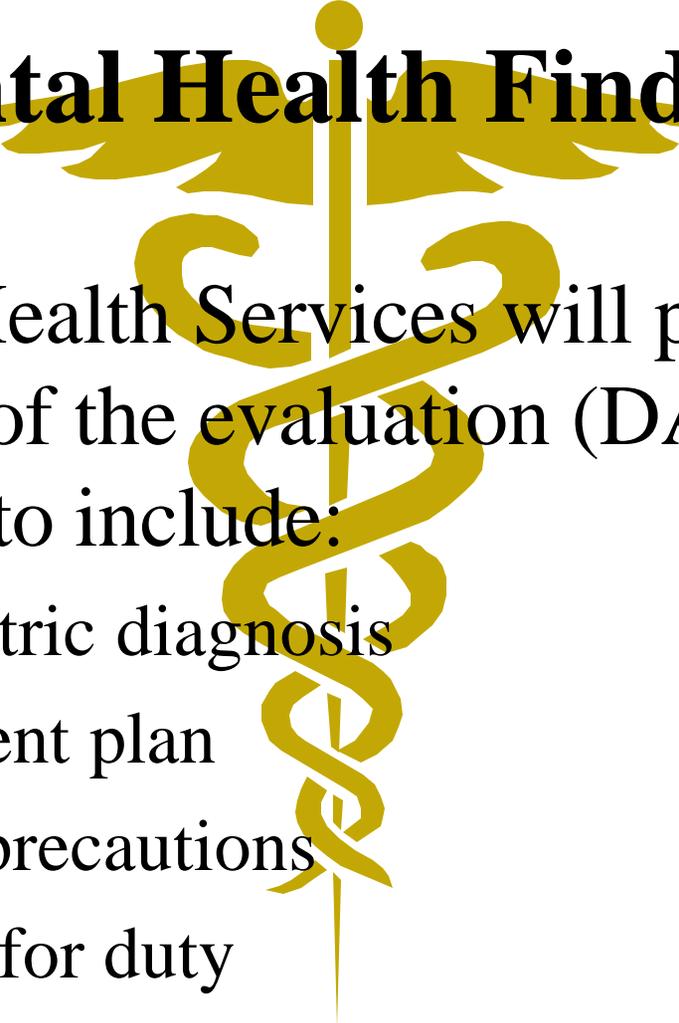
(continued)



- ✎ As soon as possible, Commanding Officer is required to complete in writing:
 - Request for Mental Health Evaluation (FB Form 40)
 - Notification of Service Member Rights

DoD Directive 6490.1

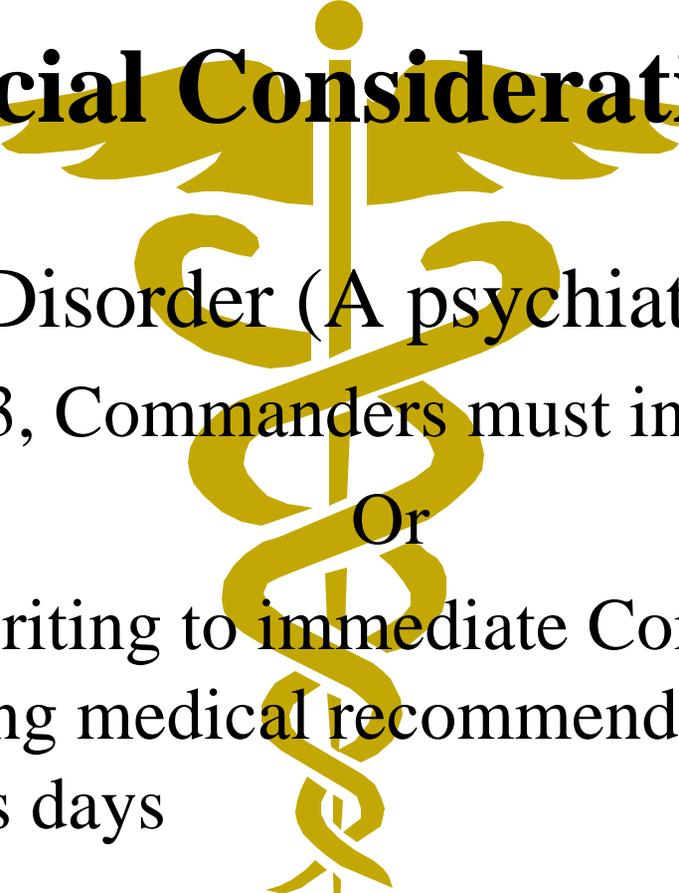
Mental Health Findings



- ✍ Mental Health Services will provide the findings of the evaluation (DA Form 3822-R) to include:
 - Psychiatric diagnosis
 - Treatment plan
 - Safety precautions
 - Fitness for duty

DoD Directive 6490.1

Special Considerations



- ✍ Personality Disorder (A psychiatric diagnosis)
 - For Ch 5-13, Commanders must initiate separation
 - Or
 - Justify in writing to immediate Commander why not following medical recommendation within two (2) business days
- ✍ Involuntarily Hospitalization